

Going on a Hike in Death Valley National Park

During my trip, I will be going on a hike in Death Valley National Park. Before I go, I need to be prepared. Death Valley is a desert. There is not a lot of water in the desert, so it is important that I bring my own. The sun is also very strong in the desert. I can wear a hat or put on sunscreen to make sure I don't get a sunburn. I also want to wear sturdy shoes and clothes. Doing this will keep me safe and healthy.



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There are many places to hike in Death Valley. I can hike in a canyon at Golden Canyon or on a salt flat at Badwater or in sand dunes at Mesquite Flat Sand Dunes. Each hike has different things to see. I can learn about the hike before I go. This will let me know how hard the hike is and what I will be seeing. Talking with park rangers is a good way to learn about the hikes.

I will have to drive to the trailhead. The trailhead is the place where the hike begins. I will be leaving my car behind as I go on the hike. The trailhead and the hike can be busy because a lot of people visit Death Valley. Each trailhead looks a little different, so I can keep an eye out for signs and other hikers to know where to go.



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During my hike, I will be walking through nature. There may be plants and animals that I can see. If I hike in the spring, there are wildflowers blooming in the park. During the hot daytime, most animals will be resting, but if I hike close to sunset, I may see them coming out. These plants and animals are delicate and disturbing them could harm them. To protect them, I will be sure to just look and not touch.



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I can also see lots of rocks and landforms on my hike. These rocks can be different colors based on what they are made of and how they were made. I can pick up the rocks and feel them, as long as I remember to put them back where I found them. The different colored rock around Death Valley National Park is part of what makes it such a beautiful place.



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I may get tired on my hike. This is when I should find a spot to sit down and rest. If I can rest in the shade, it will be much cooler. The environment in Death Valley is very dry. When it is dry, people need much more water than they normally would. I can be sure to drink lots of water on my hike to keep myself safe and energized.



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When the hike is finished, I will return to the trailhead that I started at. Death Valley National Park offers a lot of different experiences, and hiking in the park can let me see some awesome sights!